



I CAN BE - FALL WEEKEND RETREAT

FRIDAY SEPTEMBER 19TH TO SUNDAY SEPTEMBER 21ST

FRIDAY SEPT 19TH

DROP OFF 7:00PM

SUNDAY SEPT 21ST

PICK UP 3:30PM





PACKING LIST

- Sleeping Bag & Pillow
- 2 pairs pajamas
- 1-2 pairs of pants
- 1-2 pairs of shorts (we suggest knee length at minimum)
- 2 sweatshirts/sweaters
- 2-3 T-shirts/tops
- 3 sets of underwear
- 3 pairs of socks
- Raincoat & rubber boots
- Warm coat or fleece
- Running Shoes or Hikers (Closed Toes)

Shower Shoes (Flip Flops)

- 2 towels / 1 face cloth
- Soap & Shampoo
- Comb/ Brush
- Hair accessories (if required)
- Toothbrush & paste
- Deodorant
- Sanitary pads or Tampons (ifrequired)
- Hat
- Insect repellent/sunscreen
- Medication (prescription)

Optional Items to Send to Camp

• Flashlight (with extra batteries) • Tuck Money • Medication (OTC) • Sunglasses • A good book • Journal and a pencils

O<u>Do Not Bring: Electronics, valuables, personal food/snacks, weapons, or anything inappropriate for camp</u>

<u>Please Ensure All Medications are In Bubble Packs or in Properly</u> <u>Labeled Bottles, Bringing the EXACT Amount Required While at Camp</u>

PURCHASE ITEMS FROM OUR TUCK SHOP





Camp Tamarack Bucket Hat

\$25



Red/Grey Beanie

\$25



NEW!

Blue T-Shirt with
Camp Logo

\$15



Camp Tamarack
Bracelets

\$3 to \$5



Camp Tamarack Lanyard \$7.50



NEW!

Camp Tamarack Stuffy- Elephant Mascot

\$25

• Other Additional items available

- Camp Tamarack Buffs / Croc Charms
 - Fun Size Chocolate Bars
 - Single Serve ChipsCamp Tamarack Logo Stickers
 - Other Additional Snacks

During the week, campers will have the opportunity to purchase a variety of items, including souvenirs and snacks, from our Tuck Shop! You can bring cash with you at drop-off, or we can assist with e-transfers, as well as our ONLINE SHOP!



**Thank you to Canadian Natural for their generous

Donation and Sponsorship of our Tuck Shop**



Homelonliness + Communication

Homesickness is a common feeling among campers, and for most, it passes with time. Here are some ways to help you and your camper be prepared!

** Leave a letter with one of our Team Leaders during Drop Off **

** Email your camper at info@camptamarack.ca, and make sure to include their name in the Subject Line **

** We understand that contacting home may be part of managing homesickness. If a child wishes to call home, they can use the camp's landline or a staff member's cellphone **

Smug Mug Access

Want To See For Yourself Just How Much Fun Your Camper Had? Use the Link Below and Password Provided Via Email/Text!

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You are welcome to view and download photos of your camper free of charge! However, please be considerate and refrain from posting photos of other campers on social media for privacy and safety

Any Questions?

Email us at info@camptamarack.ca for any questions or concerns

For Further Details, Please Click **HERE** to access our Guardian Handbook!