



SUMMER PROGRAMMING
2025



TEEN MOUNTAIN BIKING

SUNDAY JUNE 29TH TO FRIDAY JULY 4TH

SUNDAY JUNE 29TH

DROP OFF 3:30PM TO 4:15PM

FRIDAY JULY 4TH

PICK UP 11:45AM TO 12:15PM

PREPARING FOR CAMP



PACKING LIST

- Sleeping Bag & Pillow
- 2 pairs pajamas
- 2 – 3 pairs of pants
- 4 pairs of shorts
- 3 sweatshirts/sweaters
- 5 T-shirts/tops
- 8 sets of underwear
- 8 pairs of socks
- 1 bathing suit
- Raincoat & rubber boots
- Warm coat or fleece
- Running Shoes or Hikers (Closed Toes and closed heel)

- Shower Shoes (Flip Flops)
- 2 towels / 1 face cloth
- Soap & Shampoo
- Comb/ Brush
- Hair accessories (if required) •
- Toothbrush & paste
- Deodorant
- Sanitary pads or Tampons (if required)
- Hat
- Sunscreen
- Insect repellent
- Medication (prescription)
- BackPack for Offsite Activities

Optional Items to Send to Camp

- Flashlight (with extra batteries) • Tuck Money • Medication (OTC) • Sunglasses • A good book • Journal and a pencils

⊘ Do Not Bring: Electronics, valuables, personal food/snacks, weapons, or anything inappropriate for camp life ⊘

Please Ensure All Medications are In Bubble Packs or in Properly Labeled Bottles, Bringing the EXACT Amount Required While at Camp

PURCHASE ITEMS FROM

OUR TUCK SHOP



**Camp Tamarack
Bucket Hat**

\$25



Red/Grey Beanie

\$25



NEW!
*Blue T-Shirt with
Camp Logo*

\$15



**Camp Tamarack
Bracelets**

\$3 to \$5



**Camp Tamarack
Lanyard**

\$7.50



NEW!
**Camp Tamarack
Stuffy- Elephant
Mascot**

\$25

Other Additional items available

- Camp Tamarack Buffs / Croc Charms
 - Fun Size Chocolate Bars
 - Single Serve Chips
- Camp Tamarack Logo Stickers
- Other Additional Snacks

During the week, campers will have the opportunity to purchase a variety of items, including souvenirs and snacks, from our Tuck Shop! You can bring cash with you at drop-off, or we can assist with e-transfers, as well as our [ONLINE SHOP!](#)



Canadian Natural

*****Thank you to Canadian Natural for their generous Donation and Sponsorship of our Tuck Shop*****



WWW.CAMPTAMARACK.CA

Homelonlineess + Communication

Homesickness is a common feeling among campers, and for most, it passes with time. Here are some ways to help you and your camper be prepared!

***** Leave a letter with one of our Team Leaders during Drop Off *****

***** Email your camper at info@camptamarack.ca, and make sure to include their name in the Subject Line *****

***** We understand that contacting home may be part of managing homesickness. If a child wishes to call home, they can use the camp's landline or a staff member's cellphone *****

Smug Mug Access

Want To See For Yourself Just How Much Fun
Your Camper Had? Use the Link Below and
Password Provided Via Email/Text!

[TEEN MOUNTAIN BIKING](#)

[You are welcome to view and download photos of your camper free of charge! However, please be considerate and refrain from posting photos of other campers on social media for privacy and safety](#)

Any Questions?

Email us at **info@camptamarack.ca** for any questions or concerns

For Further Details, Please Click [HERE](#) to access our Guardian Handbook!