



FALL PROGRAMMING  
2025



**THIS IS ME: GIRLS RETREAT**

FRIDAY SEPTEMBER 19<sup>TH</sup> TO SUNDAY SEPTEMBER 21<sup>ST</sup>

**FRIDAY SEPT 19<sup>TH</sup>**

DROP OFF 7:00PM

**SUNDAY SEPT 21<sup>ST</sup>**

PICK UP 3:30PM




# PACKING LIST

- Sleeping Bag & Pillow
- 2 pairs pajamas
- 1-2 pairs of pants
- 1-2 pairs of shorts (we suggest knee length at minimum)
- 2 sweatshirts/sweaters
- 2-3 T-shirts/tops
- 3 sets of underwear
- 3 pairs of socks
- Raincoat & rubber boots
- Warm coat or fleece
- Running Shoes or Hikers (Closed Toes)

- Shower Shoes (Flip Flops)
- 2 towels / 1 face cloth
- Soap & Shampoo
- Comb/ Brush
- Hair accessories (if required)
- Toothbrush & paste
- Deodorant
- Sanitary pads or Tampons (if required)
- Hat
- Insect repellent/sunscreen
- Medication (prescription)

## **Optional Items to Send to Camp**

- Flashlight (with extra batteries) • Tuck Money • Medication (OTC) • Sunglasses • A good book • Journal and a pencils

 **Do Not Bring: Electronics, valuables, personal food/snacks, weapons, or anything inappropriate for camp life** 

**Please Ensure All Medications are In Bubble Packs or in Properly Labeled Bottles, Bringing the EXACT Amount Required While at Camp**

# PURCHASE ITEMS FROM

OUR TUCK SHOP



	<p><b>NEW!</b></p> <p><b>Camp Tamarack Bucket Hat</b></p> <p><b>\$25</b></p>		<p><b>NEW!</b></p> <p><b>Colour Toque/Grey Toque</b></p> <p><b>\$20</b></p>
	<p><i>Tshirt</i></p> <p><b>Camp Tamarack Logo</b></p> <p><b>\$15</b></p>		<p><b>Camp Tamarack Bracelets</b></p> <p><b>\$3 to \$5</b></p>
	<p><b>NEW!</b></p> <p><b>Camp Tamarack Lanyard</b></p> <p><b>\$7.50</b></p>		<p><b>NEW!</b></p> <p><b>Camp Tamarack Stuffie Beaver Mascot</b></p> <p><b>\$25</b></p>

*(Items in shop may not be exactly as shown / stock and supplies vary)*

**Other Additional items available**

- Fun Size Chocolate Bars
  - Single Serve Chips
- Camp Tamarack Logo Stickers
  - Camp Tamarack Buff
  - Other Additional Snacks

***During the weekend, campers will have the opportunity to purchase a variety of items, including souvenirs and snacks, from our Tuck Shop! You can bring cash with you at drop-off, or we can assist with e-transfers!***



**Canadian Natural**

***\*\*Thank you to Canadian Natural for their generous Donation and Sponsorship of our Tuck Shop\*\****



WWW.CAMPTAMARACK.CA

## **Homelonlineess + Communication**

**Homesickness is a common feeling among campers, and for most, it passes with time. Here are some ways to help you and your camper be prepared!**

***\*\* Leave a letter with one of our Team Leaders during Drop Off \*\****

***\*\* Email your camper at [info@camptamarack.ca](mailto:info@camptamarack.ca), and make sure to include their name in the Subject Line \*\****

***\*\* We understand that contacting home may be part of managing homesickness. If a child wishes to call home, they can use the camp's landline or a staff member's cellphone \*\****

# Smug Mug Access

Want To See For Yourself Just How Much Fun  
Your Camper Had? Use the Link Below and  
Password Provided Via Email/Text!

**[THIS IS ME: GIRLS FALL RETREAT](#)**

*[You are welcome to view and download photos of your camper free of charge! However, please be considerate and refrain from posting photos of other campers on social media for privacy and safety](#)*

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**Any Questions?**

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Email us at [info@camptamarack.ca](mailto:info@camptamarack.ca) for any questions or concerns

**For Further Details, Please Click [HERE](#) to access our Guardian Handbook!**